

# YOU'RE ON YOUR WAY TO K!

The transition to kindergarten is respected as a major milestone not only for the child, but for his or her family as well. The attitude towards school and learning that the child carries with them for life is often determined by this very first experience with school. A smooth transition to kindergarten can help make sure your child is successful in school.

The information provided below is designed to help you prepare your children for their school experience.

## YOU BET, I'M READY FOR KINDERGARTEN!

Personal Needs **Without help**, can they...

- \_\_\_ Put on and take off coat
- \_\_\_ Tie their own shoes
- \_\_\_ Use the restroom
- \_\_\_ Snap, button, zip, and buckle
- \_\_\_ Use a tissue

Social Skills Can they ...

- \_\_\_ Listen to an adult & follow simple instructions
- \_\_\_ Cooperate with other children
- \_\_\_ Sit for short periods of time
- \_\_\_ Follow simple two-step directions

Intellectual Skills do your children...

- \_\_\_ Sit and listen to a story
- \_\_\_ Hold a book upright and turn the pages
- \_\_\_ Know their first and last name
- \_\_\_ Tell and retell familiar stories
- \_\_\_ Know colors, shapes and sizes
- \_\_\_ Counts 0-10

Intellectual Skills {continued}

- \_\_\_ Saying the ABC's
- \_\_\_ Identifies and names letters of the alphabet
- \_\_\_ Holds scissors & pencil appropriately
- \_\_\_ Recognizes and writes first name (remember-use capital letter for the first letter in a name.)  
M-a-t-t, not M-A-T-T
- \_\_\_ Recognizes the letters within their name

To help with a smooth transition into kindergarten you can follow these additional helpful ideas; provide opportunities to play with other children, teach your children socially acceptable ways to disagree, and encourage social values such as helpfulness, cooperation, sharing and concern for others.

## •ADDITIONAL RESOURCES•

Check out the NExA Kindergarten website to access useful resources that will help your child be prepared for kindergarten!

<https://nexakindergarten.wixsite.com/kindergarten>



Starfall.com has several free educational videos and games for teaching children the letters of the alphabet, and more! There is also a free app download!

